



CHINESE MEDICINE BUSHFIRE RECOVERY CENTERS

The Chinese Medicine Bushfire Recovery Collective will be staffing two clinics for survivors of the recent bushfires.

These clinics will be to help people who are experiencing Post Traumatic symptoms, or for people, including Emergency Services, who received injury or trauma due to the fires. Symptoms treated may include:

**Stress, Nervousness, Depression, Insomnia,
Fatigue, Lethargy, Withdrawal,
Trauma, Strains and Injury.**

The clinics will be staffed by qualified and registered Chinese Medicine Practitioners who are donating their time. Chinese Medicine is a valuable adjunct to the Medical and Counselling services already being offered.

Clinics will be open on the 1st and 3rd Saturdays of each month, between 10am and 2pm from 4th April.

Clinics will be available at:

Healesville - Healesville Living & Learning Center, 1 Badger Creek Rd, Healesville.

Hurstbridge – Shop 4/920, Main Rd, Hurstbridge

Appointments are not necessary. Donations will be appreciated to cover the costs of running these clinics. Any queries phone Shae (0404 060 726) or Adam (0410 507 317)

The clinics are sponsored by Acuneeds and China Books.

The Healesville clinic is supported by the Living Well project funded by the Department of Health and Ageing.